

Vecchio Parioli - Menu

Antipasto – Starters

Cold Starters

Bruschetta con Pomodori e Olive - £6.00 (V)

Grilled bread topped with cherry tomatoes, garlic & black olives

Tricolore - £8.50 (V)

Tomato, avocado, mozzarella

Avocado e Gamberetti - £8.50

Avocado & shrimps served with pink sauce

Antipasto Misto - £9.50

Selection of cured meat

Hot Starters

Prataioli Fritti - £8.00 (V)

Deep fried mushrooms served with tartar sauce

Fegatini di Pollo - £8.50

Chicken livers sauteed with chillies, garlic & red wine

Calamari e Zucchine Fritti - £8.50

Fresh deep fried squid served with fried courgettes & tartar sauce

Verdure Grigliate & Caprino - £8.50 (V)

Grilled Aubergines, Courgettes, Peppers & Mushrooms served with baked Goat cheese

Asparagi e Caprino - £9.00 (V)

Fresh asparagus baked with goat cheese

Gamberoni in Salsa Piccante - £9.00

King prawns in spicy tomato sauce & garlic served with garlic bread

Zuppe e Paste – Soups & Pastas

Minestrone - £6.00 (V)

Home made vegetable soup

Tagliatelle alla Boscaiola

*Flat spaghetti with mushrooms, bacon and a touch of cream
& tomato As a starter - £9.50 As a main - £14.00*

Cannelloni Ricotta e Spinaci (V)

*Pasta tubes filled with spinach, ricotta & parmesan cheese
As a starter - £9.50 As a main - £13.50*

Malloreddos alla Campidanese - £14.00

Short Sardinian pasta, served with sausage, tomato sauce, garlic & chillies

Risotto agli Asparagi (V)

Asparagus risotto. As a starter - £10.50 As a main - £14.00

Linguine alle Vongole

Flat spaghetti with fresh clams, garlic, olive oil & chillies

If you like it with tomato sauce, just ask

As a starter - £10.50 As a main - £14.50

Raviolacci ai Porcini - £14.00 (V)

*Ravioli filled with Porcini mushrooms, ricotta & parmesan cheese,
with mixed mushrooms sauce and a touch of cream*

Spaghetti alla Pescatora - £15.50

Seafood spaghetti prepared with white wine, tomato sauce, garlic & chilli

Buon Appetito

10% service charge will be added to the bill

Please note that our dishes may contain some ingredients that can cause allergy. If in doubt, please ask a member of staff.

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Carne - Meat

Galletto alla Piastra - £15.50

Grilled spring chicken with garlic, fresh herbs & chillies

Pollo alla Milanese - £16.50

Chicken breast Milanese style, breadcrumbs, pan fried, served with spaghetti & tomato

Petto d'Anatra all'Arancia - £16.50

Breast of duck in orange sauce, served with saffron rice

Agnello al Rosmarino - £17.50

Grilled lamb chops served with rosemary

Vitello ai Funghi - £17.50

Veal escalopes with mixed mushrooms & red wine

Fegato Burro e Salvia or Bacon - £17.50

Pan fried calf liver with sage & butter or bacon

Tagliata di Manzo - £19.50

Grilled sirloin steak, sliced & served on a bed of rocket leaves

Filetto al Pepe Verde - £22.50

Fillet steak with green pepper, red wine & a touch of cream

Pesce - Fish

Salmone al Limone e Vino Bianco - £16.50

Roasted salmon in white wine sauce and lemon

Trota allo Zenzero - £16.50

Steamed trout with ginger

Orata allo Scalogno - £17.50

Roasted sea bream with shallots & sea salt

Sogliola alla Griglia - £30.50

Dover sole grilled or with white wine sauce

All our mains do not come with any vegetable.

Don't hesitate to ask us for your favourite dish such as Lasagna, Spaghetti Bolognese, Spaghetti Carbonara, etc.

Vegetables

Fried courgettes - £2.00

Carote - £2.00

Boiled carrots sauteed with onion & parsley

French Fries - £2.00

Roast Potatoes - £2.00

Spinaci - £2.00

Spinach sauteed with garlic

Funghi - £2.00

Mushrooms sauteed with parsley & garlic

Broccoli - £2.00

Vegetables of the day - £4.00

Vegetables of the day with roasted potatoes

Salads

Tomato & Onion - £4.50

Green Salad - £4.50

Mixed Salad - £4.50

Rocket & Pecorino Cheese - £4.50

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