

# Vecchio Parioli - Menu

## Antipasto – Starters

### Cold Starters

*Bruschetta con Pomodori e Olive* - £6.00 (V)

*Grilled bread topped with cherry tomatoes, garlic & black olives*

*Tricolore* - £9.00 (V)

*Tomato, avocado, mozzarella*

*Avocado e Gamberetti* - £9.00

*Avocado & shrimps served with pink sauce*

*Antipasto Misto* - £9.50

*Selection of cured meat*

### Hot Starters

*Prataioli Fritti* - £9.00 (V)

*Deep fried mushrooms served with tartar sauce*

*Fegatini di Pollo* - £9.00

*Chicken livers sauteed with chillies, garlic & red wine*

*Calamari e Zucchine Fritti* - £9.00

*Fresh deep fried squid served with fried courgettes & tartar sauce*

*Verdure Grigliate & Caprino* - £9.00 (V)

*Grilled Aubergines, Courgettes, Peppers & Mushrooms served with baked Goat cheese*

*Asparagi e Caprino* - £9.00 (V)

*Fresh asparagus baked with goat cheese*

*Gamberoni in Salsa Piccante* - £9.50

*King prawns in spicy tomato sauce & garlic served with garlic bread*

## Zuppe e Paste – Soups & Pastas

*Minestrone* - £7.00 (V)

*Home made vegetable soup*

*Cannelloni Ricotta e Spinaci* (V)

*Pasta tubes filled with spinach, ricotta & parmesan cheese*  
*As a starter - £10.50 As a main - £14.50*

*Risotto agli Asparagi* (V)

*Asparagus risotto. As a starter - £10.50 As a main - £15.00*

*Raviolacci ai Porcini* (V)

*Ravioli filled with Porcini mushrooms, ricotta & parmesan cheese, with mixed mushrooms sauce and a touch of cream*  
*As a starter - £10.50 As a main - £15.00*

*Tagliatelle alla Boscaiola*

*Flat spaghetti with mushrooms, bacon and a touch of cream & tomato*  
*As a starter - £10.50 As a main - £15.00*

*Malloreddos alla Campidanese*

*Short Sardinian pasta, served with sausage, tomato sauce, garlic & chillies*  
*As a starter - £10.50 As a main - £15.00*

*Linguine alle Vongole*

*Flat spaghetti with fresh clams, garlic, olive oil & chillies*

*If you like it with tomato sauce, just ask*

*As a starter - £11.50 As a main - £15.50*

*Spaghetti alla Pescatora* - £16.50

*Seafood spaghetti prepared with white wine, tomato sauce, garlic & chilli*

## Buon Appetito

10% service charge will be added to the bill

Please note that our dishes may contain some ingredients that can cause allergy. If in doubt, please ask a member of staff.

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## Carne – Meat

*Pollo alla Milanese - £17.50*

*Chicken breast Milanese style, breadcrumbs, pan fried, served with spaghetti & tomato*

*Agnello al Rosmarino - £19.50*

*Grilled lamb chops served with rosemary*

*Vitello ai Funghi - £19.50*

*Veal escalopes with mixed mushrooms & red wine*

*Fegato Burro e Salvia or Bacon - £19.50*

*Pan fried calf liver with sage & butter or bacon*

*Tagliata di Manzo - £22.50*

*Grilled sirloin steak, sliced & served on a bed of rocket leaves*

*Filetto al Pepe Verde - £24.50*

*Fillet steak with green pepper, red wine & a touch of cream*

## Pesce - Fish

*Salmone al Limone e Vino Bianco - £18.50*

*Roasted salmon in white wine sauce and lemon*

*Trota allo Zenzero - £18.50*

*Steamed trout with ginger*

*Orata allo Scalogno - £19.50*

*Roasted sea bream with shallots & sea salt*

*Sogliola alla Griglia - £33.50*

*Dover sole grilled or with white wine sauce*

All our mains do not come with any vegetable.

Don't hesitate to ask us for your favourite dish such as Lasagna, Spaghetti Bolognese, Spaghetti Carbonara, etc.

## Vegetables

*Fried courgettes - £3.00*

*Carote - £3.00*

*Boiled carrots sauted with onion & parsley*

*French Fries - £3.00*

*Roast Potatoes - £3.00*

*Spinaci - £3.00*

*Spinach sauteed with garlic*

*Funghi - £3.00*

*Mushrooms sauteed with parsley & garlic*

*Broccoli - £3.00*

*Vegetables of the day - £5.50*

*Vegetables of the day with roasted potatoes*

## Salads

*Tomato & Onion - £5.50*

*Green Salad - £5.50*

*Mixed Salad - £5.50*

*Rocket & Pecorino Cheese - £5.50*

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